

## NTA School Figure I-B Study Guide

### Two Step

**1. Basic**

Progressive Forward  
Progressive Backward

**2. Underarm Turns (for Lady)**

Right Turn (outside)  
Left Turn (inside)

**3. Promenade**

Basic  
With Left (inside) turn back to closed position

**4. Wrap**

Basic  
Back to Closed Position  
Roll Out & back to Wrap

**5. Open Promenade Patterns Left and Right**

1. UAT (right) to backing LOD
2. Backing LOD in Reverse Open Left Promenade
3. Forward LOD in Open Right Promenade
4. Backing LOD in Reverse Open Left Promenade
5. Forward LOD in Promenade Position w/Right Under Arm Turn returning to Closed Position or Inside free turn back to closed

### Other movements/definitions needed

Body Leads

Visual Leads

Stride

Lateral