

DF II (Triple Step Movements Plus) Study Guide 2017

Look up the definition in your term booklet or make notes from the class.

Definitions to know (including foot positions used):

Arms for Line Dancers (& couples) (why needed)
Back Coaster Step (Foot positions, parts of the foot used)
Back lock steps (foot positions used, body isolation)
Cross Triple (foot positions, body isolation)
Sailor Step (with sway, foot positions used)
Skate (know the difference in Skate and Sugar Foot)
Sugar Foot (foot positions used, swivel)
Toe Heel Cross Swivels (know why to swivel on weighted foot)
Triple Step (basic forward and backward and to the side, foot positions used)
Wizard Step (how counted and styling used)

Must explain, perform w/proper foot positions/body movement:

Coaster Step (forward and backward)
Cross Triple Step
Developpe'
Hip Lift – Boogie Move – Boogie Walk
Knee Pop – Camel Walk
Pigeon Toed Movement
Ronde'
Sailor Step
Skate
Sugar Foot (in place and traveling)
Toe Heel Cross Swivels
Traveling Back Lock Steps w/Isolation
Triple Steps (forward and backward, to the side and in place)
Vaudevilles: Vaudeville Hop – Vaudeville Step (Sailor Shuffle)
Wizard Step (counts and styling)

Routines. (must dance a combination of two or more patterns)

We will cover some examples in class. Eg. Side rock to left and a Crossing Triple.